

Vegetarian option available daily (Please contact the school office for information)  
 (Menu items contains one or More)

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS  
 AND 1% White Milk or FF Chocolate Milk\* (Allergen)

(MENU SUBJECT TO CHANGE)

# New Life Academy of Excellence

## April 2024 Lunch Menu



"A School Where Educating Is Our Number One Goal"

SUN

MON

TUE

WED

THU

FRI

SAT



1 2 3 4 5 6

# SPRING BREAK

7

8 Sweet and Sour Meatballs  
Rice  
Brussels Sprouts  
Apples  
Milk  
*(Dairy, Wheat, Soy)*  
45g Carb / 7g Sugar

9 Chicken Tenders  
Romaine Lettuce Salad  
Potato  
Oranges  
Milk  
*(Dairy, Wheat, Soy)*  
15g Carb / 8g Sugar

10 Spaghetti w. Turkey  
Meat Sauce  
Corn  
Pineapple Tidbits  
Milk  
*(Dairy, Wheat, Egg)*  
26g Carb / 15g Sugar

11 Buffalo Chicken Dip  
w. Tortilla Chips  
Carrots  
Pears  
Milk  
*(Dairy, Wheat, Egg)*  
18g Carb / 10g Sugar

12 Cheeseburger (Beef)  
Baked Beans  
Oranges  
Milk  
*(Dairy, Wheat)*  
23g Carb / 11g Sugar

13

14

15 Chicken Nuggets w. Mac  
Broccoli  
Apples  
Milk  
*(Dairy, Wheat, Beef, Soy)*  
10g Carb / 7g Sugar

16 Grilled Cheese Sandwich  
Hashbrown  
Peaches  
Milk  
*(Dairy, Wheat, Soy)*  
18g Carb / 9g Sugar

17 Chicken Patty w. Bun  
Carrots w. Ranch  
Oranges  
Milk  
*(Dairy, Wheat, Soy)*  
14g Carb / 8g Sugar

18 BBQ Chicken Drumstick  
Mashed Potato  
Apples  
Milk  
*(Dairy, Wheat, Soy)*  
16g Carb / 12g Sugar

19 Hot Dogs (Beef)  
Baked Beans  
Cole Slaw  
Pear  
Milk  
*(Dairy, Wheat)*  
22g Carb / 11g Sugar

20

21

22 Sweet and Sour Meatball  
Rolls, Green Beans  
Mixed Vegetables  
Peaches  
Milk  
*(Dairy, Wheat, Soy)*  
45g Carb / 7g Sugar

23 LUNCH IN CLASSROOMS  
Bagged Lunch  
Turkey Sand  
*(Dairy, Wheat, Soy)*  
10g Carb / 7g Sugar

24 Spaghetti w. Turkey Meat  
Sauce  
Corn  
Pineapple Tidbits  
Milk  
*(Dairy, Wheat, Wheat)*  
26g Carb / 15g Sugar

25 Buffalo Chicken Dip w.  
Tortilla Chips  
Carrots  
Pears  
Milk  
*(Dairy, Wheat, Egg)*  
18g Carb / 10g Sugar

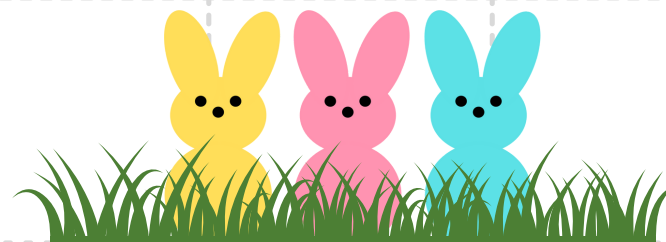
26 Cheeseburger (Beef)  
Baked Beans  
Oranges  
Milk  
*(Dairy, Wheat)*  
23g Carb / 11g Sugar

27

28

29 LUNCH IN CLASSROOMS  
Bagged Lunch  
Turkey Sand  
*(Dairy, Wheat, Soy)*  
10g Carb / 7g Sugar

30 Grilled Cheese Sandwich  
Hash Browns  
Peaches  
Milk  
*(Dairy, Wheat, Soy)*  
18g Carb / 9g Sugar



Contact Information: [Simplelegantandmore@gmail.com](mailto:Simplelegantandmore@gmail.com) / 404.735.6765 / [simplelegantandmore.com](http://simplelegantandmore.com)